

Are you a Nevada woman considering having an abortion?

This webpage has been produced by a group of Pro-Choice Nevadans as a helpful service to all women who want or need (or have had) an abortion. It has been developed to answer any questions you might have about having an abortion in Nevada...where to get one, what to expect, how much it will cost, where to get financial and/or counseling help, and other helpful information so you can have a safe, affordable, and positive abortion experience.

You are not alone....11,000 women in Nevada have abortions each year.



Abortion Providers - A listing of all Nevada clinics, their services, costs, and other info.

Abortion providers in Nevada (and nearby states)

There are eight abortion providers in Nevada... 7 in Las Vegas and 1 in Reno. We're fortunate that Nevada is one of the few states that has not created difficult roadblocks (restrictive laws, waiting periods, etc.) limiting a woman's right to decide. Women under 18 can choose an abortion without parental consent.

Nevada's abortion clinics are:

In Las Vegas

A-All Women Care Center

7908 W. Sahara Ave, Las Vegas, NV 89117

Phone: (702) 531-5400

Website: <https://lv gyn.com/>

Services: Medical abortions (the abortion pill) up to 9 weeks* – \$550. Surgical abortions up to 14 weeks* — \$550 and up, depending on length of pregnancy. Guidance to financial assistance available. Does not take insurance.

A-Z Women's Center

1670 East Flamingo Road, Suite C, Las Vegas, NV 89119

Phone: (702) 892-0660

Website: <https://www.drramoslasvegas.com/>

Services: Medical abortions (the abortion pill) up to 9.6 weeks* - \$500. Surgical abortions up to 19.6 weeks -- \$500 and up, depending on length of pregnancy. Guidance to financial assistance available. Does not take insurance. \$20 discount coupon available online.

Birth Control Care Center

872 E. Sahara Avenue, Las Vegas, NV 89104

Phone: (702) 733-7889

Website: <https://www.birthcontrolcarecenter.com/>

Services: Medical abortions (the abortion pill) to 10 weeks* - \$500. Surgical abortions up to 24 weeks* - \$500 and up, depending on length of pregnancy. Guidance to financial assistance available. Does not take insurance.

Desert Inn Medical Center – Dr. Frank Silver

1900 E. Desert Inn Rd., Las Vegas, NV 89169

Phone: (702) 735-1960

Website: <http://www.desertinnmedicalcenter.com>

Services: Medical abortions (the abortion pill) to 10 weeks*. Surgical abortions up to 12 weeks*; \$450, cash only.

Planned Parenthood – Southwest Las Vegas

3220 W. Charleston Blvd, Las Vegas, NV 89102

Phone: (702) 878-7776

Website: <https://www.plannedparenthood.org/health-center/nevada/las-vegas/89102/las-vegas-west-charleston-2304-90210>

Services: Medical abortions (the abortion pill), up to 10 weeks* – \$540. Will take some insurance plans. Some financial assistance available.

Planned Parenthood – Southeast Las Vegas

3300 E. Flamingo Rd. #25, Las Vegas, NV 89121

Phone: (702) 547-9888

Website: <https://www.plannedparenthood.org/health-center/nevada/las-vegas/89121/las-vegas-east-flamingo-2306-90210>

Services: Medical abortions (the abortion pill), up to 10 weeks* – \$540. Will take some insurance plans. Some financial assistance available.

Safe and Sound for Women

3131 La Canada St, Las Vegas, NV 89169

Phone: (702) 221-7233

Website: <http://www.safeandsoundforwomen.com/>

Services: Medical abortions (the abortion pill) up to 8 weeks* -- \$500. Surgical abortions up to 23 weeks* -- \$400 and up, depending on length of pregnancy. Guidance to financial assistance available. Does not take insurance.

In Reno

West End Women's Medical Group

5915 Tyrone Rd, Reno, NV 89502

Phone: (775) 827-0616

Website: <http://www.abortion.cc/>

Services: Surgical abortion only, up to 17 weeks*. \$840, up to 12 weeks; \$1640 and up after 12 weeks. Cash only.

In Neighboring States

For women in Northwest and Central Nevada:

Planned Parenthood – Sacramento, CA

201 29th Street, Suite B, Sacramento, CA 95816

Phone: (916) 446-6921

https://www.plannedparenthood.org/health-center/california/sacramento/95816/b-street-health-center-2200-90130?utm_campaign=b-street-health-center&utm_medium=organic&utm_source=local-listing

Services: Medical abortions (the abortion pill), up to 10 weeks* – \$664-\$1027 (based on income and family size). Surgical abortions up to 12 weeks*, \$663-\$1095 (based on income and family size); from 12 to 20 weeks*, \$793 to \$1796, (based on length of pregnancy, income, and family size). Will take most insurance plans

*** "Number of weeks" is calculated from when a woman began her last menstrual period (LMP) prior to becoming pregnant. That is, the first day of your last period counts as day one of your pregnancy.**



Undecided? - Helpful information about abortions if you're unsure about having one.

Making a decision to terminate your pregnancy can often be a difficult decision for many women. It is always an important decision. If you're considering an abortion but are unsure if this is the right decision for you, we hope the following information about abortions will be helpful.

If you're considering an abortion, you're not alone. Millions of women have unplanned pregnancies every year and about 4 in 10 decide to have an abortion...about 900,000 each year in the U.S. Some of the statistics for abortion are:

- 30% of American women will have an abortion before 45.
- 59% of women having an abortion are mothers with one or more children.
- 62% of women having an abortion are religiously affiliated.
- 39% of women having an abortion are white; 28% are black; 25% are Hispanic.
- 88% of women having an abortion are 20 or older; 12% are teens.
- 40% of women facing an unplanned pregnancy decide to have an abortion.

Women have abortions for many different reasons. Each woman's life situation is different and deciding to have a child (to raise or put up for adoption) or terminating your pregnancy will matter differently for each person. But here are the reasons other women have chosen an abortion:

- Not ready for a(nother) child; would negatively affect my/my family's life, 25%
- Can't afford a(nother) baby/child, 23%
- Am finished having children, 19%
- Don't want to be a single mother, 8%
- Health issues with mother or fetus, 7%
- Too young to raise a child, 7%
- Would interfere with education or career plans, 4%
- All others, 7%

Follow-up studies indicate that the vast majority of women are glad they were able to have an abortion and not have to raise a child they weren't ready for (or to put that child up for adoption to be raised by someone else).

It's Your Decision. When making your decision, remember, only you know what's best for you — for your life situation, for your future, and for your current and future family. If you're unsure what's right, we suggest thoughtfully evaluating all options, praying (if you're religious), and listening to and then trusting your heart to know what's best for you. That quiet knowledge deep within you usually knows what's best!

Take all the time you need to come to the right decision -- but it's helpful to know that the sooner a pregnancy can be terminated, the less likely there will be a need for any follow-up procedures, the cost will often be less, and you'll have more options --- as medical abortions (the abortion pill) can only be given in the first 8-10 weeks of pregnancy).

Things to consider. Again, only you know what's best for you, and only you should decide what to do with your pregnancy. But here are some questions to help you with your decision.

- Am I ready to be a parent? Would I be able to give that child what it would need to have a good life?
- Could I put a child I give birth to up for adoption?
- How would having a child now affect my future?
- What would it mean for others in my family if I had a child now?
- Would having a(nother) child affect my career goals?
- What are my personal and religious beliefs about abortion?
- Is anyone pressuring me to have or not have an abortion?
- Would having a baby change my life in a way I do or don't want?
- Would having an abortion change my life in a way I do or don't want?
- What kind of support would I need and get if I decided to get an abortion?
- What kind of support would I need and get if I decided to have a baby?
- Can my body handle pregnancy and childbirth? Is it safe for my physical and mental health?

Getting support. You'll probably want to talk through your decision with people you know who are on your side and who only want the best for you...who only want to help you sort through your thoughts and feelings to arrive at the best, right decision. They may be family, close friends, your doctor, and/or supportive clergy members. If you don't have anyone you feel comfortable discussing this with, please call the clinic you want to go to; most can provide you with a trained staff member who can help -- or they'll refer you to an independent and confidential "all-pregnancy-options" counseling service.

Getting religious support. If you're religious and you've been exposed to the often harsh, anti-abortion beliefs held by some religions and their followers, please read our very helpful Religious Statement for a pro-choice religious understanding of abortion.

Beware fake abortion clinics. Lastly, avoid being tricked into going into a fake “Crisis Pregnancy Center.” These are often located right near real abortion facilities, with misleading names like “Women’s Health and Reproductive Center.” Posing as real abortion clinics, they lure women in with free pregnancy tests and other gimmicks.

But they are actually run by religious, anti-abortion groups whose sole purpose is talking (or scaring!) you out of an abortion. They give false and misleading facts about abortion, along with a variety of psychological techniques and guilt-tripping designed to make you afraid or ashamed to have an abortion. Please read our [Beware: Crisis Pregnancy Centers](#) section below.

We hope this has been helpful; we wish you the best in making your decision!



Sooner is *Much* Better - It’s safer and less expensive the sooner you decide.

If you’ve already made your decision to terminate your pregnancy, it is much better to have your abortion as soon as possible. If you are under 10 weeks**, you can have a medical (the abortion pill) abortion. If you’re past 10 weeks however, you’ll need a surgical abortion...they are cheaper and result in fewer possible complications the sooner in one’s pregnancy it is performed.

** in some clinics it’s 9 weeks.



What You Can Expect - What will happen from your first phone call onward...

What happens when you first contact an abortion provider will vary slightly by clinic. Most clinics are *very* supportive and will be as patient and helpful as possible, especially if this is new to you and/or if you're young.

When you first call them, they'll ask your name, date of birth, phone, and how far along in your pregnancy you think you are. They'll ask whether you would like the medical (abortion pill) or surgical abortion. Most women choose the surgical abortion because it is quicker, lets you get back to work sooner, usually results in less pain and bleeding, and , doesn't involve follow-up visits (the medical abortion requires a follow-up visit). Women who choose the pill usually do so because it doesn't involve surgery and because it's a "more private" procedure. Most clinics will clearly and carefully answer questions describing the differences so you can make the decision that is right for you. Please see one clinic's summary of the [two options](#).

Your initial phone call will likely also include telling them what insurance you have, and if you have any medical conditions you're dealing with. They'll advise you to read through their "what will happen" information on their website. If you're traveling from 'out-of-the-area,' they'll discuss options for overnight stays.

When you go to the clinic for your abortion, if possible, bring a friend/relative with you...many women feel much more comfortable having this support.

When you arrive for your appointment:

- You'll need to fill out their paperwork (consent forms; medical history, etc.).
- Next you'll be given an ultrasound to determine exactly how far along your pregnancy is.
- A 20-40 minute counseling session with an experienced, caring counselor will cover any questions or concerns you have as well as what your procedure will consist of.
- If you've decided to have a medical abortion (abortion pill), the doctor will explain how the pill works and give you instructions for the second pill you'll take at home, 2 days later, as well as how to take care of yourself in the next few days. They'll schedule a follow-up visit that will include an ultrasound to confirm all has gone smoothly. It's very important you keep this second appointment to avoid any complications.
- If you're having a surgical abortion, your doctor will offer you anti-anxiety medication, perform your abortion (usually only 10 – 25 minutes) and provide follow-up instructions. A 1-2 hour recuperation period in the recovery room is normal ... but patients can then leave and usually do not need any follow-up visits.

For a much more complete understanding of abortion procedures (both the abortion pill and surgical abortions), visit the National Abortion Federation webpage at <https://prochoice.org/think-youre-pregnant/> Most clinics also have an "Everything you need to know" description of their abortion procedures on their webpage.

Always feel free to ask any questions and request any support you want or need. Each clinic has a very dedicated and caring staff who strongly believe in reproductive rights and want to make you feel completely comfortable and supported as you go through this process. You can be assured of complete confidentiality and privacy in all matters.



Under 18? - No problems here in Nevada.

If you are under 18 and need an abortion, you may schedule and have an abortion on your own! Nevada has no laws restricting young people's freedom and access to an abortion. You do not need a parent's permission or consent. Most teens feel more comfortable, however, talking over this decision with a trusted, caring parent or other adult.



Paying for an Abortion - The costs and ways you can pay.

The abortion pill (also called the medical abortion) can cost between \$450 and \$800, while surgical abortions will cost between \$450 and \$2,500 (this rises the later in pregnancy the abortion occurs). If you need to travel for your abortion, be sure to think of transportation and possible motel costs, as well as childcare and days off from work (if any of these apply to you).

If you have health insurance, check with your provider to see if they will cover some or all of the costs, although in Nevada most insurance plans won't cover an abortion.

Unfortunately, Medicaid in Nevada will not pay for an abortion even in cases of rape or serious health issues to the woman.



Financial Assistance - How and where to get help paying for an abortion.

Private Insurance: Only a few insurance plans cover abortions in Nevada. Contact your insurance company right away and ask what they'll cover.

The National Abortion Federation offers financial aid for women needing help. They are the only national abortion-funding organization....and can help Nevada women. Call them at 800-772-9100 (Mon-Fri between 4:00 am and 8:00 pm; weekends between 6:00 am and 2:00 pm). Because of high-call-demand, you may have to be on hold for a while....be patient. The phonecall will take about 15-60 minutes.

Your Clinic may be able to offer other suggestions for getting financial help.



How Safe Is an Abortion? - Very safe...

Abortion is one of the safest medical procedures performed in America. In fact abortions have much fewer complications and side effects than giving birth.

Medical abortions (the abortion pill) have virtually no risk of complications or side effects. Although any surgical procedure comes with some risk, abortion is actually one of the safest surgical procedures; only 0.05% of women ever experience any complication. And, remember, the earlier in pregnancy an abortion happens, the lower the chances of any complication occurring. Each woman and each pregnancy is of course different. Your provider will be able to discuss any risk factors and possible complications with you at your first appointment.

Please know that although many anti-choice groups falsely claim negative side effects from having an abortion, this is not so. Having an abortion **does not** increase the likelihood of breast cancer, future infertility, depression, or any other negative reaction they try to scare women with.



Religious or Spiritual Concerns? - Helpful ideas to offset negative religious beliefs about abortion.

If you have spiritual concerns about having an abortion, you are not alone.

Many women, especially those raised in or exposed to conservative religions, may feel there is something spiritually “wrong” with ending a pregnancy, even though they believe this is the right, best, correct decision for them (and their current and/or future family).

If you have any spiritual/religious questions or concerns, you might benefit from a confidential conversation with a clergy member from a more mainstream or liberal religion. These pastors and religions support a woman’s right to choose; they believe that God loves you and wants you (and your family) to have the best life possible, that God gives everyone free will, and that if you have prayerfully decided terminating your pregnancy is best, He will *fully* support you in your decision.

Please see our [Religious Statement](#) for additional thoughts on going forward with an abortion and feeling completely religiously comfortable and spiritually blessed with your decision. It includes suggestions for finding local pastors you can talk with – as well as a national abortion-counseling hotline – both of which can give you free, confidential support and answers to any religious questions you have to help you in your abortion decision-making.



Rape - A clinic helping rape victims.

Rape is one of the worst and most difficult experiences a woman can have. Becoming pregnant as a result only compounds this horrible trauma. Our deepest concerns and sympathies go to any woman in this situation. To offer help through this situation, the **A-Z Women’s Center in Las Vegas** offers special free abortion counseling and services to any rape victim.



Beware: Crisis Pregnancy Centers - They'll do almost anything to talk you out of an abortion.

Crisis Pregnancy Centers are fake abortion “clinics” found in the Nevada cities listed below. These “Crisis Pregnancy Centers” (or CPCs) try to look like real abortion clinics, but aren't. They are actually run by religious, anti-choice groups whose sole purpose of talking you out of having your abortion. They are known to give false and misleading abortion information with little scientific basis.

Often located near abortion clinics, they have deceptive names like “Women’s Care Clinic” or “Pregnancy Resource Center.” They offer “Free Pregnancy Testing” as a lure and, once you’re inside, push anti-abortion information while women wait for their “longer-than-needed” test results. They use guilt, shaming, prayers-for-you, and many other tricks to convince you not to have an abortion. We’ve even heard reports some actually prevent women from leaving, not letting them go until they’ve finished praying for them!

Don't even go in for their “free pregnancy test!”

Reno CPC: Crisis Pregnancy Center (its real name!)

Las Vegas CPC's: First Choice Pregnancy Center and Women’s Resource Medical Center

Carson City CPC: Community Pregnancy Center

Fernley CPC: Crisis Pregnancy Center



After your abortion - Staying positive...

Like most women, you may experience a wide range of emotions before and during – but also after your abortion: happiness, sadness, worry, relief, guilt, freedom...sometimes several at once. There is no “right” way to feel – everyone is different. Always remember — whatever *you* feel is totally right for *you* and your situation...and that it's natural for those feelings to shift and change over time.

Although most women are grateful for – and feel positive about – their abortions, it’s not uncommon for some women to find themselves wondering afterwards (sometimes years later even) -- “Did I make the right decision?” Some women may even come to regret having an abortion, which is both unfortunate and unhelpful.

Why does this happen? Post-abortion “second thoughts” might be triggered by simple things like: just seeing babies or children...or reaching the calendar day when your fetus would have been born...or maybe just hearing those unhelpful “killing your baby” messages some anti-abortion activists proclaim. Many different things.

What can you do if you find your mind starting to question or doubt your abortion decision?

First of all, realize that second-guessing your decision is always *very normal*. It’s very rare that we ever feel 100% sure of our decisions (especially important decisions)...there’s always some part of our minds that thinks the opposite. So afterwards, it’s normal to wonder about our decisions and play the “What if...” or “But what about...” game. Did I buy the right car, did I take the right job, should I have moved, should I have said that...etc.

So...if any doubts about your abortion should ever come to you, always remember: your decision to have an abortion came from the wisest and most caring part of you – decided only after you’d very thoughtfully looked at your life, your world, and your future. And after thinking through all the options and how life would probably turn out, for both you and a possible future child, you thoughtfully decided that ending that pregnancy was the necessary, best, right thing to do. Don’t ever let the important reasons you decided on an abortion get forgotten!

So, by all means, trust that decision – and always love yourself. Because it came from that deepest, wisest, and most caring part of yourself – the part that wanted the best life possible for both you and any child you’d bring into the world!

Some women have been helped by also thinking of the many positives they gained by not having that child – the greater freedom they have, and the extra time and money* they have for other things.

* [It costs \$233,000, on average, to raise a child up to high school graduation.]

Here are some other helpful ideas you can do for yourself, if you ever find yourself questioning your abortion decision:

Talk: Find someone you can openly discuss all your feelings with (include the uncomfortable ones) and ask them to listen to you. Make sure it’s someone who loves and supports you; tell them all you’d like them to do is *listen*.

If you don’t have anyone you feel comfortable doing that with, please call “Exhale,” a pro-choice organization with trained, confidential post-abortion counselors who are there to help you at 866-439-4253 [Mon, Wed, Thurs. 4:00 pm to 10:00 pm and Sun. 2:00 pm to 8:00 pm]. Visit their website for info and helpful ideas at: exhaleprovoice.org

Write: Putting your thoughts and feelings into black-and-white (start a journal maybe) is very helpful and powerful. Be sure to make a list of all the reasons you're glad you had your abortion.

Nurture Yourself: Exercise; spend time in nature; listen to music that makes you feel good; spend time in places that give you peace and pleasure; start simple, easy-to-succeed projects you enjoy; get away from things – be alone; do some art or other creative project; get extra rest; start a garden/buy a house plant; give yourself special treats you love; make sure you do lots of things that are fun!

Connect with Others: Visit shoutyourabortion.com to see other women's experiences and their gratitude for being able to have an abortion. If you know of other women who've had an abortion, connect with them to support each other.

Help others: Volunteer with an organization you support; "be there" for others in a more deliberate, meaningful way; adopt a pet.

No matter what you do – be sure to do something!...taking positive action to support yourself and your abortion decision will always make things much better! Never let negative feelings linger around....



Helpful Facts about Abortion - Information covering women who have abortions and why they do.

- 30% of American women will have an abortion before 45.
- 59% of women having an abortion are mothers with one or more children.
- 925,000 abortions were performed in the U.S. in 2014. 11,000 abortions were performed in Nevada.
- 62% of women having an abortion are religiously affiliated.
- 39% of women having an abortion are white; 28% are black; 25% are Hispanic.
- 88% of women having an abortion are 20 or older; 12% are teens.
- Abortion is one of the safest surgical procedures; only 0.05% of women ever experience any complication.

Reasons women have abortions: Not ready for a(nother) child, 25%; Can't afford a baby, 23%; Am finished having children, 19%; Don't want to be a single mother, 8%; Health issues with mother or fetus, 7%; Too young to raise a child, 7%; Would interfere with education or career plans, 4%; All other, 7%.

Source: Guttmacher Institute

Questions? Feedback? Updates? Please contact info@nevadaabortioninformation.org if you have suggestions or additional information that would be helpful to include on this webpage.